



CV

1. Personal Information

Surname	Sakhelashvili
Name	Irine
Mail :	i.sakhelashvili@seu.edu.ge

2. Position and specialty

Position:	Professor
Specialty	Medical Science

3. Academic/Scientific degree

Name of the higher education institution	Ilia State University
Direction/ Specialty	The Faculty of Natural Science and Engineering
Enrollment date	September, 2012
Dissertation defense date	July, 2018
qualification	PhD in Life Science/Neuroscience (<i>Summa cum Laude</i>)
Title of the dissertation topic	Challenges of Sleep Medicine development in Georgia: Cross-sectional study of Sleep Disorders, Prevalence and Risk factors
Conductor of the theme	Prof. Nato Darchia, Ilia State University

4. Other education

I		
Name of the higher education institution	University of Bologna - Alma Mater Studiorum - Università di Bologna	
Faculty / Specialty	Biomedical and Neuromotor Department	
Date of the enrollment/Graduation	Beginning (yy)	End (yy)
	2015	2016
Qualification	Erasmus Mundus Program Exchange PhD student	
II		
Name of the higher education institution	Diplomatic Academy of Georgia	
Faculty / Specialty	International Relations	
Date of the enrollment/Graduation	Beginning (yy)	End (yy)
	1995	2000
Qualification	MD in International Relations	
III		

Name of the higher education institution	Akaki Tsereteli State University	
Faculty / Specialty	Journalism	
Date of the enrollment/Graduation	Beginning (yy)	End (yy)
	1993	1998
Qualification	MD in Journalism	
IV		
Name of the higher education institution	Tbilisi State Medical Institute	
Faculty / Specialty	Pediatrics	
Date of the enrollment/Graduation	Beginning (yy)	End (yy)
	1982	1988
Qualification	Soviet Diploma in Pediatrics	

5. Professional experience

Date (mm/yy)		Employer	Position / duties
-from	-to		
02/2020	At present	Georgian National University SEU	Medical Faculty/Professor-Subject: Medical Ethics
07/ 2014	At present	Ilia State University; Tengiz Oniani Laboratory of Sleep-Wakefulness Cycle Studies;	Associate researcher/Guest Lecturer-subject: Sleep Medicine
02/2017	11/2019	European University Medical Faculty	Professor; Head of Quality Assurance/Tbilisi, Georgia
10/ 2016	02/2017	Akaki Tsereteli State University Medical Faculty	Guest Lecturer; Subject -Health Policy for magister program
09/2014	04/2015	TEMPUS/PACT - Project Actors Capacity Training in Caucasus	Expert-Trainer in Project Writing Skills for Academic Personal
05/2000	12/2008	Imereti Regional Centre of Infection Disease	Neurologists
09/1999	06/2003	Kutaisi National Teaching University, Medical Faculty	Guest Lecturer; Subject – Neurology
05/1990	12/1995	Orphan House of Imereti Region	Neurologist
08/1989	05/1990	Zestaphoni Out-Patient Department	Pediatrician

6. Scientific-pedagogical experience

Date (mm/yy)			Learning step
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-from	-to	Higher Education Institutions	Study course / Research project	
02/2020	At present	Georgian National University SEU; Medical Faculty	Professor-Subject: Medical Ethics	One-cycle educational program- Medicine
07/ 2014	2018	Ilia State University;	Guest Lecturer-subject: Sleep Medicine	Undergraduate program
02/2017	11/2019	European University Medical Faculty	Professor; subject- Research Skills	One-cycle educational program- Medicine
10/ 2016	02/2017	Akaki Tsereteli State University Medical Faculty	Guest Lecturer; Subject - Health Policy	Public Health - Magister program
09/1999	06/2003	Kutaisi National Teaching University, Medical Faculty	Guest Lecturer; Subject – Neurology	One-cycle educational program - Medicine

7. Scientific publications for the last 5 year.

Date	Topic of the working theme	Scientific Journal	Publisher
2019	Sleep disturbances and stress among foreign medical students at European University, Georgia.	MedEdPublish, 8	AMEE- The Association for Medical Education in Europe
2018	Sleep and psycho-behavioral problems in internally displaced children in Georgia.	Sleep medicine	Sleep medicine
2018	Relationship between Sleep Disorders and Health Related Quality of Life—Results from the Georgia SOMNUS Study	International journal of environmental research and public health	MDPI
2016	Sleep-wake Patterns and Sleep quality in urban Georgia.	Translational neuroscience	De Gruyter Open Ltd
2016	Sleep quality among internally displaced Georgian adolescents and population-based controls.	Journal of Child Health Care	SAGE Publications Inc
2013	Cases of Public Administration; Regional Strategy Development	Chapter in Book for The Public Policy Administration Magister Program	Ilia State University

8. Other activities

N	The Name and Description of the Activity
	<p>Abstracts:</p> <ul style="list-style-type: none"> · Advadze Maka, Sakhelashvili Irine; Seeking Support: Foreign Medical Students „Under Pressure That Burns a Building Down! The Center for Education and Lifelong Learning. Tbilisi, Georgia; International Multidisciplinary Conference on Biomedicine, Biomed 2020, Shekvetili, Georgia, 2020. · Nidhi Maharaj, Bedrie Soakin, Natia Jojua, Irine Sakhelashvili. Sleep disturbances and stress among the foreign medical students of European University, Georgia. Medical Faculty, European University, Georgia. World Congress on Sleep Medicine, World Sleep 2019, Vancouver, Canada. · Tamar Basishvili, Marine Eliazishvili, Nikoloz Oniani, Tinatin Tchintcharauli, Irine Sakhelashvili, Tengz Oniani Jr, Nato Darchia, Ian Glenn Campbell, Irwin Feinberg. Sleep EEG as an index of brain maturation in typically developing and drug-naïve ADHD children. Ilia State University, T.Oniani Laboratory of Sleep-Wakefulness Cycle Study; University of California, Davis, Department of Psychiatry and Behavioral Sciences. The 10th IBRO World Congress of Neuroscience. Daegu, Korea. 2019. · Dudi Singh, Adarshpal Singh, Nihil Kumar, Maka Advadze, Irine Sakhelashvili, Natia Jojua. Impact of audio files on students’ academic performance and scientific awareness; FEBS -Federation of European Biochemical Societies, 44th congress, Krakow, Poland, 2019 · Sakhelashvili, M. Eliazishvili, M. Oniani, N. Darchia. Sleep and psycho-behavioral difficulties in Internally Displaced children in Georgia. Research Centre, T.Oniani Laboratory of Sleep-Wakefulness Cycle Studies, Ilia State University, Tbilisi, Georgia. International Symposium of the CRPP Sleep & Health, Zurich, 2018 · Sakhelashvili, M. Eliazishvili, M. Oniani, N. Darchia. Sleep and Psycho-behavioral Parameters among Internally Displaced Georgian Adolescents and Population-based Controls, Research Centre, T.Oniani Laboratory of Sleep-Wakefulness Cycle Studies, Ilia State University, Tbilisi, Georgia. World Congress on Sleep Medicine, Prague, Czech Republic. 2017 · I. Sakhelashvili, M. Eliazishvili, N. Oniani and N. Darchia; Sleep problems among Georgian adolescents - does internal displacement matter?! Tengiz Oniani Laboratory of Sleep-Wakefulness Cycle Studies, Ilia State University, Tbilisi, Georgia; 24th Congress of the European Sleep Research Society, Bologna, Italy. .2016 The Authors Journal of Sleep Research. 2016 European Sleep Research Society, JSR 25 (Suppl. 1), 5–376 · N. Oniani, M. Datunashvili, I. Sakhelashvili, V. Ibanez, K. Espa-Cervena, N. Darchia; Excessive daytime sleepiness and the risk for obstructive sleep apnea in Georgian population; Ilia State University, Georgia; University Hospital of Geneva, Division of Neuropsychiatry, Switzerland; 5th World Congress on Sleep Medicine, Valencia, Spain, 2013 © 2013 Published by Elsevier Inc. September 28, 2013. <p><u>Oral presentations:</u></p> <ul style="list-style-type: none"> · Sakhelashvili, N.Lortkipanidze, M.Eliazishvili, I.Gvilia, N.Darchia; Sleep, Stress and Psychological Problems in Internally Displaced Children; Ilia State University, Tbilisi, Georgia; Natalie Zazashvilis’ Annual conference: Trauma and Society: Research and Practice. Tbilisi, Georgia 2014 · Sakhelashvili Irine; Journey among the Avatars: Georgian Experience of Teaching in a New Modality; International Multidisciplinary Conference on Biomedicine, Biomed 2020, Shekvetili, Georgia, 2020
	<p><u>Grants</u></p> <p>European University’s Travel grant at the World Congress on Sleep Medicine, World Sleep 2019, Vancouver, Canada.</p>
	<p>ESRS Travel Grant At the 23rd Congress of the European Sleep Research Society; Bologna, Italy, 2016</p>

	Erasmus Mundus Action 2; MID – Motilities for Innovation and Development; Grant Agreement 2012 – 2742 / 001 – 001 – EMA2 939/25/2012; 3 rd Call for Applications/application number: MID2012C; Period of exchange: 10.07.2015-9.05.2016
	Georgian Women Research Fellowship Program -US Civilian Research and Development Foundation (CRDF -Global), - Shota Rustaveli National Science Foundation (SRNSF) and Georgian Science and Technological Development Fund (GSTDF) -Research Project – “ <i>Sleep problems among Georgian adolescents - does internal displacement matter?</i> ” Award agreement # A60770 -2014-2015
	Ilia State University Grant for creation the manual for the Public Policy Magister Program # 809122103001620
	<u>Master's Thesis Assessment Review</u> <ul style="list-style-type: none"> · Mariam Tsaava; the Impact of Sleep on Declarative Memory in Humans. For to obtain the scientific degree of or Master's in Life Science. Faculty of Natural Sciences and Engineering; Ilia state university. · Natela Metreveli. Different Methods of Sleep deprivation: Impact on the relationship of Human Sleep-Wakefulness cycle Phases. For to obtain the scientific degree of Master's in Life Science.. Faculty of Natural Sciences and Engineering; Ilia state university.
	<u>PhD Thesis Assessment Review</u> Nodar Sulashvili. “Peculiarities of Professional and Career Improvement Strategy for Pharmacists”. For to obtain the scientific degree of PhD in Pharmaceutical Sciences. Republic of Armenia Ministry of Education and Science of the Yerevan State Medical University After M. Heratsi
	Delegate and event organizer of World Sleep Days World Sleep Day, March 2019 - http://worldsleepday.org/georgia-2019-irine-sakhelashvili World Sleep Day, March 2018 - http://worldsleepday.org/georgia-2018-irine-sakhelashvili
	<u>Trainings received (See below)</u>
	Ethics Teachers Training Course (ETTC) of UNESCO UNESCO& Ilia State University, Tbilisi, Georgia,
	NVAO Training in Quality Assurance and Enhancement NVAO , Maastricht University + European University
	ToT- “Student-Centered Teaching and Learning in High Education” CEU, Central European University + European University, Tbilisi, Georgia
	FEBS workshop on Molecular Life Science Education Ilia State University, Tbilisi, Georgia
	Planning and Implementation of OSCE European University, Tbilisi, Georgia
	Teaching and Assessment Methods in Medical Education European University, Tbilisi, Georgia
	The Quality Assurance System of Education according to the WFME Standards Independent Agency for Accreditation and Rating/Kazakhstan
	Vascular Diseases of the Nervous System Tbilisi Medical Institute Postgraduate Institute of the Medical Education and Continuous Professional Development; Tbilisi, Georgia.
	The Basic Principles of Diagnosis and Management of Inflammatory Diseases of the Nervous System Tbilisi State Medical Institute; Postgraduate Institute of the Medical Education and Continuous Professional Development / Tbilisi, Georgia
	Health Management

	Oxford Policy Management and Ministry of Labor, Health And Social Welfare Tbilisi, Georgia
	Topical and Differential Diagnosis of the Nervous System The State Medical Academy of Postdoctoral Education Tbilisi, Georgia
	The State Medical Academy of Postdoctoral Education Tbilisi, Georgia
	The Qualification at M-Echoscope and EEG The Institute of Neurology Tbilisi, Georgia
	The Full Course of Clinical Qualification; Neurology Tbilisi State Medical Institute Tbilisi, Georgia
	General Neurology Institute of Doctor Advanced Studies Tbilisi, Georgia